THE TRAVELLERS REST @ STANLEY

Pepper Chicken

TO START	
Prawn Cocktail Served with white bread & butter	£5.75
Soup of the Day Served with a warm bread roll	£4.75
Southern Fried Chicken Goujons Served with BBQ sauce & salad garnish	£5.75
Breaded Garlic Mushrooms Served with a garlic dip & salad garnish	£5.50
Beer Battered Cod Goujons Served with tartare sauce & salad garnish	£5.75
Halloumi Fries Served with sweet chilli sauce & salad garnish	£5.25

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& seasonal vegetables

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THE MAIN ATTRACTION	
Pie of the Day (ask your server for details) Short crust pastry, served with homemade chips & vegetables	£9.25
Braising Steak Served in an onion gravy with homemade chips & vegetables	£10.25
Fresh Chicken Supreme Stuffed with stilton cheese & wrapped in parma ham then topped with a leek sauce. Served with homemade chips, garden peas & salad garnish	£10.25
Homemade Lasagne Verdi Beef & tomato bolognese sandwiched between layers of pasta & topped with a creamy bechamel sauce & cheese. Served with garlic bread, homemade chips & salad garnish	£9.65
Chicken Pasta Leonardo Cooked fusilloni & cooked chicken breast pieces in a spicy cheese sauce with slow roasted peppers & green jalapenos. Served with salad & garlic bread	£10.50
Hand Carved Roast Beef, Turkey or Ham Served with roast & new potatoes, yorkshire pudding	£9.25

Treat yourself to a Roast Trio: Beef Turkey & Ham

Served with roast & new potatoes, yorkshire pudding

FROM THE GRILL 12oz Gammon Steak A juicy 12oz gammon steak topped with a free-range fried egg & pineapple. Served with homemade chips, peas & salad garnish Minted Lamb Chops Three lamb chops served with new potatoes & seasonal vegetables Hunters Chicken Butterfly chicken breast topped with cheese, sweet cured bacon & BBQ sauce. Served with homemade chips, garden peas & salad garnish 8oz Sirloin Steak Served with onion rings, a flat mushroom, homemade chips, garden peas & salad garnish 10oz Fillet Steak Served with onion rings, a flat mushroom, homemade chips, garden peas & salad garnish	Slices of chicken in a pepper sauce. Served with homemade chips, peas & salad	
Crispy Belly Pork Served with creamy mash & seasonal vegetables FROM THE GRILL 12oz Gammon Steak A juicy 12oz gammon steak topped with a free-range fried egg & pineapple. Served with homemade chips, peas & salad garnish Minted Lamb Chops Three lamb chops served with new potatoes & seasonal vegetables Hunters Chicken Butterfly chicken breast topped with cheese, sweet cured bacon & BBQ sauce. Served with homemade chips, garden peas & salad garnish 8oz Sirloin Steak Served with onion rings, a flat mushroom, homemade chips, garden peas & salad garnish 10oz Fillet Steak Served with onion rings, a flat mushroom, homemade chips, garden peas & salad garnish Rump Steak Turnover Served with onions, a flat mushroom, mature cheese, homemade chips, garden peas & salad garnish Add Scampi, 6 pieces Add any of the following Sauces: £3.75 £2.20		£8.50
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Butterfly chicken breast topped with cheese, sweet cured bacon & BBQ sauce. Served with homemade chips, garden peas & salad garnish 8oz Sirloin Steak Served with onion rings, a flat mushroom, homemade chips, garden peas & salad garnish 10oz Fillet Steak Served with onion rings, a flat mushroom, homemade chips, garden peas & salad garnish Rump Steak Turnover Served with onions, a flat mushroom, mature cheese, homemade chips, garden peas & salad garnish Add Scampi, 6 pieces Add any of the following Sauces: £3.75 £2.20	Three lamb chops served with new potatoes	£9.95
Served with onion rings, a flat mushroom, homemade chips, garden peas & salad garnish 10oz Fillet Steak Served with onion rings, a flat mushroom, homemade chips, garden peas & salad garnish Rump Steak Turnover Served with onions, a flat mushroom, mature cheese, homemade chips, garden peas & salad garnish Add Scampi, 6 pieces Add any of the following Sauces: £3.75 £2.20	Butterfly chicken breast topped with cheese, sweet cured bacon & BBQ sauce.	£9.99
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Served with onions, a flat mushroom, mature cheese, homemade chips, garden peas & salad garnish Add Scampi, 6 pieces Add any of the following Sauces: £3.75 £2.20	Served with onion rings, a flat mushroom, homemade	£23.50
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	Add any of the following Sauces:	

£10.25

Please pay at the table One bill per table No split bills

£10.95

FROM THE WATER

Scampi £9.25

Served with homemade chips, garden peas & salad garnish

Fish Pie £10.25

Hake, salmon, smoked haddock & king prawns in a creamy leek sauce, topped with mashed potato & sprinkled with cheddar cheese. Served with homemade chips & salad garnish

Fresh Shetland Isles Salmon Fillet £9.95

Served with hollandaise & herb sauce, new potatoes, peas, tartare sauce & salad garnish

Florentine Fishcakes £9.75

Smoked haddock, spinach & potatoes filled with a cheddar cheese sauce, homemade chips & salad garnish

SIDE ORDERS	
Homemade Chips	£2.60
Sweet Potato Chips	£2.80
Onion Rings	£2.60
Garlic Bread	£2.60
Garlic Bread with Cheese	£2.90
Greek Chips	£5.50
Chips, feta cheese, mixed olives & sliced red onion	

CURRIES

Curry of the Day (ask your server for details) £9.75

Served with rice & naan bread

BURGERS

Homemade Classic 8oz Beef Burger £8.95

Topped with salad & served on a brioche bun with burger relish, sliced tomato, garlic mayonnaise & homemade chips with 3 onion rings

Why not add smoky bacon, creamy stilton, brie or a free-range egg for 85p each

WRAPS

Southern Fried Chicken	£7.95
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Served with mayonnaise

Cod Goujons £7.95

Served with tartare sauce

Chicken & Bacon £8.75

Served with BBQ sauce

Halloumi Cheese (v) £6.95

Served with mayonnaise

All wraps are served with chips, tomatoes & lettuce

FOR THE YOUNG ONES

Sausages, Fish fingers or Southern Fried Chicken £6.99

All served with chips & beans

Cod Goujons & Chips £6.99

Served with garden peas

BAGUETTES

Hot Roast Beef ,Turkey or Roast Ham £7.95

Served with homemade chips & salad garnish

Steak & Stilton £9.25

Served with homemade chips & salad garnish

VEGETARIAN & VEGAN

Broccoli, Mushroom & Stilton Pasta Bake (v)

Fusilli pasta twists covered with creamy stilton sauce with mushrooms & broccoli.

Served with salad & garlic bread

Cajun spiced Sweet Potato Roulade (v) (vg) £9.95

Filled with vegan cream cheese with a sweet & spicy red pepper & red onion cajun flavoured chutney.

Served with salad potatoes, peas & salad garnish

Mediterranean Vegetable Lasagne (v)

Mixed vegetables in a mediterranean style tomato sauce, layered with lasagne sheets, topped with a cheese & spinach sauce. Served with garlic bread, homemade chips & salad garnish

£9.99

£9.95

Food Allergies & Intolerances

Please advise our staff of any dietary requirements when ordering. Please also be aware that we do not operate in an allergen-free environment. All our dishes are prepared in a kitchen where nuts, gluten and other allergens are present.

Therefore, we cannot guarantee that any food item is completely free from allergens due to a risk of unexpected cross-contamination.

(v) Vegetarian (vg) Vegan (gf) Gluten Free

All of the above are subject to availability